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March 03, 2006
NEWS RELEASE

EEL - TSX. VENTURE
EAT - FRANKFURT

STOCK OPTIONS GRANTED

Eaglecrest Explorations Ltd. (EEL.V – TSX VENTURE & EAT.FSE - FRANKFURT) (the "Company" has granted options to Company consultants to purchase up to an aggregate of 1,000,000 shares in the capital of the Company. The options are exercisable at \$0.27 per share until the close of business on March 03, 2008. The referenced options are subject to TSX Venture Exchange acceptance.

On behalf of the Board of Directors,

Carl A. Erickson.

Carl A. Erickson
President, Eaglecrest Explorations Ltd.

Additional information on the company's project is available on our website www.eaglecrestexplorations.com, the SEDAR website (securities related information electronic filed with the Canadian securities regulatory authorities) www.sedar.com or by contacting Paul Zdebiak at 604-687-7272 or by E-Mail: eel.tsxv@telus.net

The TSX Venture Exchange has neither approved nor disapproved the information contained herein.